

City of Rockingham Triathlon

Pure Blonde Pursuit (State Sprint Champs)

SWIM:	750m	1 lap	
BIKE:	20km	2 laps	
RUN:	5km	1 lap	



City of Rockingham Triathlon

Fleet Cycles Enticer

SWIM:	250m	1 lap	
BIKE:	10km	1 lap	
RUN:	2km	1 lap	

